



Behavioral Health Education & Training Academy presents

Introduction to Motivational Interviewing

TRAINING INFORMATION

Trainer: [Ian Schere, Ph.D](#) Click [here](#) for training outline

Audience: All BHS therapists, counselors, family & support partners, case managers, and other direct service providers working with Adults and Older Adults.

Course Description: Motivational Interviewing (MI) is a person-centered, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. It is an evidence-based technique that is a collaborative, respectful, and guiding process of interaction with families and people receiving services. This is a process that focuses on resiliency and strengths. In this two session, 11-hour training, participants will learn the foundations of Motivational Interviewing and practice MI techniques.

Learning Objectives: Upon completion of this training, participants will be able to:

- Explain the principles and foundation of Motivational Interviewing
- Identify benefits of using MI with clients
- Apply MI principles and techniques in treatment
- Integrate MI techniques with current practice

TRAINING DATES & TIMES

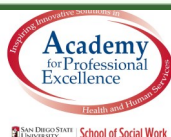
Training Location: 6367 Alvarado Ct. Ste 105, San Diego, CA 92120 — **(New Training Room Location!)**

| <u>Training Name:</u> | <u>Date:</u> | <u>Time:</u> |
|-----------------------|----------------------------|------------------|
| MI Overview | Tuesday, February 13, 2018 | 8:30am - 4:30pm |
| MI Skills | Tuesday, February 27, 2018 | 8:30am - 12:30pm |
| | OR | |
| MI Skills | Tuesday, February 27, 2018 | 1:00pm - 5:00pm |

REGISTRATION: If you already have an account, [click here](#) to log into the LMS to register. If you do not already have an account in the LMS you will need to open an account. Please [click](#) here to request an LMS account. Email BHETA@mail.sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

CONTINUING EDUCATION: This course meets the qualifications for 11 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 1S-98-398-0818, and CAADE Provider Number CP10-906-CH0320 for 11 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#)

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Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of San Diego State University School of Social Work

