



Behavioral Health Education & Training Academy presents

Dialectical Behavior Therapy (DBT) SERIES

TRAINING INFORMATION

Trainer: [Hais Lindeman, LMFT](#)

Audience: BHS Counselors, therapists, and case managers

Course Description: Dialectical Behavior Therapy (DBT) can be applied in many of the treatment programs available in the Behavioral Health System. In this training series participants will receive an in-depth learning experience designed to increase their DBT knowledge and skills, practice DBT skills in class and their workplace, and further develop and tailor their DBT skills through consultation with their peers and experts.

Learning Objectives: Upon completion of this training, participants will be able to:

- Identify the four treatment modules and treatment strategies of DBT
- Conceptualize a case from a DBT framework
- Accurately assess if DBT is relevant/indicated intervention
- Demonstrate application of introductory DBT principles

TRAINING DATES & TIMES

Training Location: Academy for Professional Excellence—Upstairs Training Room 205
6505 Alvarado Rd, San Diego CA 92120

<u>Training Name:</u>	<u>Date:</u>	<u>Time:</u>
PREREQUISITE: Introduction to DBT eLearning (BHE0034)	Completed by 3.24.17	

Skills Day 1	Wednesday, March 29, 2017	8:30am - 4:30pm
Skills Day 2	Wednesday, April 12, 2017	8:30am - 4:30pm
Case Conference	Wednesday, May 3, 2017	8:30am - 12:30pm
Group Consultation	Wednesday, June 7, 2017	9:00am - 10:00am

Participants will receive 20 CE's only upon completion of ALL training activities in this series.

REGISTRATION: If you *already have an account*, [click here](#) to register. If you do not already have an account in the LMS you will need to open an account. Please see [Creating an Account](#) on our website for more details. Email BHETA@mail.sdsu.edu have any questions. This training is FREE of charge to County employees and contractors.

CONTINUING EDUCATION: This course meets the qualifications for 20 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Academy is approved by the American Psychological Association to sponsor continuing education for psychologists and the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy is approved by the California Board of Registered Nursing, Provider # BRN CEP15014; CCAPP-EI, Provider # 1S-98-398-0818, and CAADE Provider # CP10-906-C0317 for 20 contact hours/CEHs. The Academy maintains responsibility for this program and its content. CE certificates will be available for download 3-5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievances Procedure](#).



Behavioral Health Education and Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.

