



Behavioral Health Education & Training Academy presents

Dialectical Behavior Therapy (DBT) SERIES

TRAINING INFORMATION

Trainer: Hais Lindeman, LMFT

Audience: BHS Counselors, therapists, and case managers

Course Description: Dialectical Behavior Therapy (DBT) can be applied in many of the treatment programs available in the Behavioral Health System. In this training series participants will receive an in-depth learning experience designed to increase their DBT knowledge and skills, practice DBT skills in class and their workplace, and further develop and tailor their DBT skills through consultation with their peers and experts.

Learning Objectives: Upon completion of this training, participants will be able to:

- Identify the four treatment modules and treatment strategies of DBT
- Conceptualize a case from a DBT framework
- Accurately assess if DBT is relevant/indicated intervention
- Demonstrate application of introductory DBT principles

TRAINING DATES & TIMES

Training Location: Academy for Professional Excellence—Upstairs Training Room 205
6505 Alvarado Rd, San Diego CA 92120

Training Name:

Date:

Time:

PREREQUISITE: Introduction to DBT eLearning (BHE0034) Completed by 7.15.16

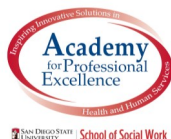
Skills Day 1	Wednesday, July 20, 2016	8:30am - 4:30pm
Skills Day 2	Wednesday, August 3, 2016	8:30am - 12:30pm
Case Conference	Wednesday, August 24, 2016	8:30am - 12:30pm
Group Consultation	Wednesday, September 28, 2016	9:00am - 10:00am

Participants will receive 16 CE's only upon completion of **ALL** training activities in this series.

REGISTRATION: If you *already have an account*, [click here](#) to register. If you do not already have an account in the LMS you will need to open an account. Please see [Creating an Account](#) on our website for more details. Email BHETA@mail.sdsu.edu have any questions. This training is FREE of charge to County employees and contractors.

CONTINUING EDUCATION: This course meets the qualifications for 16 Hours of continuing education credit for MFTs, LPCCs, LEPS and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 1S-98-398-0816, and CAADE Provider Number CP10-906-C0317 for 16 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content.

6505 Alvarado Road
San Diego, CA 92120
BHETA@mail.sdsu.edu



Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of San Diego State University School of Social Work

