Neurobiology of Trauma

TRAINER: Jeffrey Rowe, MD
Child and Adolescent Psychiatrist

DATE AND TIME:
Thursday, August 11, 2016
8:30am - 4:30pm

LOCATION:
Academy for Professional Excellence
6505 Alvarado Road, #205
San Diego, CA 92120

DESCRIPTION:
Traumatic stress can be associated with lasting changes in the brain. This full day training will allow participants to gain awareness of current research, the impact of trauma upon our physiological, psychological, behavioral, and interpersonal functioning, and the importance of self-regulation and self-care in assisting others who have experienced trauma.

AUDIENCE:
Counselors, peer specialist and family support partners, BHS therapists, case managers, and other direct service providers.

LEARNING OBJECTIVES:
Upon completion of this training participants will be able to:

- Recognize the brain processes that occur when we experience a stress response
- Identify the interpersonal aspects of trauma and how people assist in co-regulating each other’s stress responses
- Examine the practical methods for managing undesired responses resulting from complex trauma
- Describe strategies for working effectively with those who have experienced trauma

REGISTRATION: If you already have a BHETA LMS account, click here to register. If you do not already have an account you will need to open an account. Please see Creating an Account on our website for more details. Email BHETA@mail.sdsu.edu have any questions. This training is FREE of charge to County employees and contractors.

CONTINUING EDUCATION: This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 1S-98-398-0816, and CAADE Provider Number CP10-906-C0317 for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content.