



Behavioral Health Education & Training Academy presents

# Neurobiology of Trauma

**TRAINER:** Jeffrey Rowe, MD  
Child and Adolescent Psychiatrist

## DATE AND TIME:

Thursday, August 11, 2016  
8:30am - 4:30pm

## LOCATION:

Academy for Professional Excellence  
6505 Alvarado Road, #205  
San Diego, CA 92120

## DESCRIPTION:

Traumatic stress can be associated with lasting changes in the brain. This full day training will allow participants to gain awareness of current research, the impact of trauma upon our physiological, psychological, behavioral, and interpersonal functioning, and the importance of self-regulation and self-care in assisting others who have experienced trauma.

## AUDIENCE:

Counselors, peer specialist and family support partners, BHS therapists, case managers, and other direct service providers.

## LEARNING OBJECTIVES:

Upon completion of this training participants will be able to:

- Recognize the brain processes that occur when we experience a stress response
- Identify the interpersonal aspects of trauma and how people assist in co-regulating each other's stress responses
- Examine the practical methods for managing undesired responses resulting from complex trauma
- Describe strategies for working effectively with those who have experienced trauma

**REGISTRATION:** If you already have a BHETA LMS account, [click here](#) to register. If you do not already have an account you will need to open an account. Please see [Creating an Account](#) on our website for more details. Email [BHETA@mail.sdsu.edu](mailto:BHETA@mail.sdsu.edu) have any questions. This training is FREE of charge to County employees and contractors.

**CONTINUING EDUCATION:** This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 1S-98-398-0816, and CAADE Provider Number CP10-906-C0317 for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content.

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Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of San Diego State University School of Social Work

