



Behavioral Health Education and Training Academy presents

# Eating Disorders: An Introduction

PRESENTER: Amy Costa, LMFT, Psy.D.

## DATE AND TIME:

Thursday, May 26, 2016  
8:30 AM-12:30 PM

## LOCATION:

6505 Alvarado Road  
Suite 105 (Downstairs Training Room)  
San Diego, CA 92120

**AUDIENCE:** Counselors, family and youth support partners, CYF-BHS therapists, case managers, and other direct service providers working with children, youth, and families.

## DESCRIPTION:

Eating disorders have the highest mortality rate of all behavioral illnesses, yet only a fraction of people who have disordered eating receive behavioral health services. In this half-day training, we will discuss the signs and symptoms of eating disorders and how eating disorders effect our behavioral health. We will explore interventions for the treatment of eating disorders and identify local treatment programs.

## LEARNING OBJECTIVES:

Upon completion of this training participants will be able to:

- Identify the signs and symptoms of eating disorders
- Describe cultural and gender differences in eating disorders
- Describe the interplay between substance use and eating disorders
- Discuss outpatient interventions for the treatment of eating disorders

**REGISTRATION:** If you already have an account, please e-mail [BHETA@mail.sdsu.edu](mailto:BHETA@mail.sdsu.edu) to register. If you do not already have an account in the LMS, please [click here](#) to create an account. This training is FREE of charge to BHS County employees and contractors.

**CONTINUING EDUCATION:** This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CFAAP/CAADAC, Provider Number 1S-98-398- 0816 CAADE Provider Number CP10-906-C0317, and CAS Provider Number 5107, for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content.

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Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of San Diego State University School of Social Work

