



Behavioral Health Education and Training Academy presents

Introduction to Child Parent Relationship Therapy (CPRT)

PRESENTER: Kathryn de Bruin, LMFT

DATE AND TIME:

Tuesday, June 7, 2016
8:30 AM-4:30 PM

LOCATION:

6505 Alvarado Road
Suite 205 (Upstairs Training Room)
San Diego, CA 92120

AUDIENCE: Counselors, family and youth support partners, CYF-BHS therapists, case managers, and other direct service providers working with children, youth, and families.

DESCRIPTION:

For many families, the instinct to play with their child does not come naturally. Yet play is essential to developing healthy social, emotional, and self-regulatory skills. Child Parent Relationship Therapy (CPRT) is a research based parenting course that teaches parents basic child-centered play therapy principles and skills to help children who are experiencing social, emotional, or behavioral problems. This eLearning and in-person training will introduce participants to CPRT and provide several hands on techniques to help parents become therapeutic agents for their children. It will provide an essential foundation for understanding the importance of play.

LEARNING OBJECTIVES:

Upon completion of this training participants will be able to:

- Apply the principles and goals of Child Parent Relationship Therapy (CPRT)
- Teach the basic skills of CPRT to parents
- Identify challenges and solutions that arise during CPRT

Just prior to attending this training, enrolled participants will be *automatically* registered for a one-hour eLearning that must be completed before the day of training

REGISTRATION: If you already have an account, please e-mail BHETA@mail.sdsu.edu to register. If you do not already have an account in the LMS, please [click here](#) to create an account. This training is FREE of charge to BHS County employees and contractors.

CONTINUING EDUCATION: This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CFAAP/CAADAC, Provider Number 1S-98-398-0816 CAADE Provider Number CP10-906-C0317, and CAS Provider Number 5107, for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content.

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Behavioral Health Education & Training Academy (BHETA) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, a project of San Diego State University School of Social Work

