

California IHSS County Regions

Northern Region

Alpine*
Butte*
Colusa
Del Norte
El Dorado
Glenn
Humboldt
Lake
Lassen*
Modoc*
Nevada*
Placer
Plumas*
Shasta
Sierra*
Siskiyou
Sutter
Tehama
Trinity
Yuba*

Central Region

Alameda
Contra Costa
Marin
Mendocino
Monterey
Napa
Sacramento
San Francisco
San Mateo
Santa Clara
Santa Cruz
Solano
Sonoma

Valley Mountain Region

Amador
Calaveras
Fresno
Inyo
Kings
Madera*
Mariposa
Merced
Mono
San Benito
San Joaquin
Stanislaus
Tulare
Tuolumne*
Yolo

Southern Region

Imperial
Kern
Los Angeles
Orange
Riverside
San Bernardino
San Diego
San Luis Obispo
Santa Barbara
Ventura

*Does not have a Public Authority / *Not a member of CAPA / *Nevada-Sierra-Plumas Reg. PA of CAPA