

Module #10: Self Neglect

Intended Audience

This training is intended for entry level Adult Protective Services workers and their MDT partners (e.g. public guardians, public health nurses working with the elderly, mental health professionals, etc.).

Learning Objectives

By the end of this training, participants will be able to:

- 1) Define self-neglect, its prevalence, risk factors, and indicators
- 2) Assess self-neglect in 5 domains
- 3) Describe risk assessment tools used for evaluating self-neglect
- 4) Describe promising methods for working with self-neglecting adults, including
 - Motivational interviewing
 - Harm reduction
 - Hoarding treatment
- 5) Develop safety and risk reduction interventions for self-neglecting adults
- 6) Elements to document in self-neglect cases
- 7) Identify community partners in self-neglect cases

Competencies

This training specifically addresses the NAPSA competencies regarding Self Neglect:

Overview of Self-Neglect

- Types of self-neglect
- Statistics on self-neglect
- Indicators of self neglect
- Assessing level of risk
- Environmental safety assessment

Theories of Self-Neglect

- Cultural/social aspects of self-neglect
- Capacity evaluation
- Hoarding behavior
- Community attitudes towards self-neglect

Causes of Self-Neglect

- Societal causes for self-neglect
- Individual causes for self-neglect

Audio /visual aids

1. PowerPoint projector and file
2. Jeopardy power point file
3. Flip chart and markers
4. Participant manuals
5. Videos from the internet
6. DVD player and TV/projector hook-up

Self Neglect Plan of the Day

Time (minutes)	Training Topics	Materials/Activities
15 minutes (9:00 – 9:15)	Welcome and Introductions: Review student learning outcomes	Handouts 1-3 Slides 2-6
25 minutes (9:15 – 9:40)	Introduction to Self -Neglect <ul style="list-style-type: none"> • Definitions • Prevalence • Profiles of self-neglecting adults • Indicators of self-neglect • Impact • Ethics 	Handout 4 Slides 7-15
10 minutes (9:40- 9:50)	Causes of self-neglect	Handout 5 Slide 16
30 minutes (9:50-10:20)	Assessing Self-Neglect in five domains <ul style="list-style-type: none"> • Physical/Medical • Psychological/Mental Health • Living Environment • Financial • Social/Cultural 	Jeopardy Game Slide 16 <i>(Note: the 50 slides for the Jeopardy Game are in a separate ppt file)</i>
10:20-10:35	Break	
20 minutes 10:35-10:55	Assessing severity and urgency in self-neglect	Small group activity Flip chart Slide 17
30 minutes 10:55 – 11:25	Screening Capacity in Self –Neglect Cases	Small group activity Handouts 5-7 Slide 18-22
35 minutes 11:25-12:00	Special issues in Self-Neglect <ul style="list-style-type: none"> • Compulsive Hoarding OR • Health Literacy 	Slides 23-32 <ul style="list-style-type: none"> • “Who’s Normal Anyway?” video • AMA video on health literacy
12:00-1:00	Lunch	
10 minute	Tools used in assessing self-neglect	Handout 9

1:00-1:10		Slide 35
90 minutes 1:10-2:40	Intervening with self-neglecting clients <ul style="list-style-type: none"> • Working with “resistant” clients • Motivational Interviewing • Substance abuse treatment (including harm reduction) • Neglect and self-neglect through the “caregiving lens” (Dubin). 	Handouts 8-9 Slides 33-43 <ul style="list-style-type: none"> • Motivational Interviewing video • Video on harm reduction
2:40-2:55	Break	
20 minutes 2:55-3:15	Working the Self-Neglect Case	Handouts 10 and 11 Slides 44-50
15 minutes 3:15 – 3:30	Documenting Self-Neglect	Handout 12 Slide 51
10 minutes 3:30-3:40	Community Partners	Handout 13 Slide 52
20 minutes 3:40-4:00	Q and A, Evaluation and closing	Handout 14 Slide 53

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