The Children, Youth, & Families System of Care Training Academy

Presents

Let’s Talk About Sex:
Sex & Sexuality in Children and Adolescents

**Presenter:** Susan Writer, Ph.D.
**Date & Time:** May 5, 2015 8:30 a.m. – 4:30 p.m.
**Location:** Academy for Professional Excellence—Training Room
6505 Alvarado Rd, Suite 205
San Diego, CA 92120

**Target Audience:** Therapists, counselors, family & youth support partners, case managers, teachers, social workers, probation officers, and other individuals working with children, youth, and families

**Course Description:** What do you do when children and adolescents ask you about sex and sexuality? How does it make you feel? This training will help you examine and confront your biases to develop trust and rapport with child and adolescent clients. Through interactive activities, role plays, and an examination of research and current legal practices, you will find the language to set appropriate boundaries while discussing this difficult topic with children and adolescents.

**Learning Objectives:**
Upon completion of this course, participants will be able to:
- Identify fears, biases, and experiences that impact our ability to openly discuss sexuality-related topics with minors
- Identify and explore different sexuality-related issues that minors experience
- List tools to use when talking to parents about sexuality-related issues
- Apply a vocabulary and practical skills to use in all phases of treatment with minors when talking about sexuality-related topics

This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CFAAP/CAADAC, Provider Number 15-98-398-0816 CAADE Provider Number CP10-906-C0317, and CAS Provider Number 5107, for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content.

Behavioral Health Education & Training Academy (BHETA) is a County of San Diego contracted program of the Academy for Professional Excellence, a project of the SDSU School of Social Work.