

The Children, Youth, & Families System of Care Training Academy Presents

Intro to Filial Therapy and The Importance of Play

Presenter: Kathryn de Bruin, MFT

Date & Time: June 9, 2015 8:30 a.m. – 4:30 p.m.

Location: Academy for Professional Excellence— Upstairs Training Room
6505 Alvarado Rd, Suite 205
San Diego, CA 92120

Target Audience: Therapists, family & youth partners, case managers, teachers, social workers, probation officers, and others working with children, youth, & families

Course Description: Play is essential to developing healthy social, communication, and self-regulation skills. Yet for some families, the “instinct” to play with their child does not come naturally. Filial Therapy (also called Child-Parent-Relationship Training) is a research based parenting course that teaches parents how to use some of the skills that play therapists use to help children experiencing social, emotional, or behavioral problems. This condensed training will introduce participants to Filial Therapy, provide several hands on techniques to share with parents and children, and provide an essential foundation for understanding the importance of play.

Learning Objectives:

Upon completion of this course, participants will be able to:

- Identify appropriate families to utilize Filial Therapy techniques
- Explain the importance of play in healthy child development to parents
- Illustrate play techniques for parents

**This training
is FREE of charge**

See attached form to register

E-mail

CYFSOCacademyBHETA@mail.sdsu.edu

with questions

This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI, Provider Number 1S-98-398-0816, and CAADE Provider Number CP10-906-C0317 for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content



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County of San Diego
Children's System of Care
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