The Children, Youth, & Families System of Care Training Academy Presents

Bullying: Risk Factors & Interventions

**Presenter:** Mara Madrigal-Weiss, MA, M.Ed, PPS

**Date & Time:** May 7, 2015 9:00 a.m. – 12:00 p.m.

**Location:** Academy for Professional Excellence— Training Room
6505 Alvarado Rd, Suite 205
San Diego, CA 92120

**Target Audience:** Therapists, counselors, family & youth support partners, case managers, teachers, social workers, probation officers, and other individuals working with children, youth, and families

**Course Description:** Bullying has the potential for serious and lasting negative effects on the mental health and overall well-being of youth. Everyone is effected, those who bully as well as those who are bullied. Effects of this systematic harassment range from feelings of hopelessness to an increased risk of suicidal ideation and behaviors. This training will provide an examination of current trends in bullying and explore best practices for interventions. You will be invited to explore your responsibilities as a service provider, parent, and/or member of our community.

**Learning Objectives:**
Upon completion of this course, participants will be able to:

- Identify risk factors for youth who bully and victims of bullying
- Identify and implement intervention strategies
- Access resources available for youth and their families

This course meets the qualifications for 3 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CFAAP/CAADAC, Provider Number 15-98-398-0816 CAADE Provider Number CP10-906-C0317, and CAS Provider Number 5107, for 3 contact hours/CEHs.

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