

Behavioral Health Services

BACKGROUND: The Katie A. lawsuit settlement agreement provided the opportunity to transform the system that delivers mental health services to children, youth, and families in the child welfare foster care system into an integrated delivery system, coordination of resources, and a unified approach to services. Child Welfare Services (CWS) and Behavioral Health Services' (BHS) *Pathways to Well-Being* embrace the concept of partnership and collaboration as they work together as a team to help children, youth and families improve outcomes and achieve their goals.

STAFF: The BHS *Pathways to Well-Being* team is comprised of the following:

| | | | Regional Assignments |
|------------------------------|-------------------------|----------|-------------------------|
| Amanda (Mandy) Kaufman, LCSW | Interim Program Manager | 563-2723 | Residential |
| Gloria King, LMFT | PWB Liaison | 563-2740 | Central |
| Matthew Verdun, LMFT | PWB Liaison | 584-5041 | South |
| Kathleen Welinsky, LMFT | PWB Liaison | 563-2711 | No.Inland/No.Coastal |
| Louise Zavala, LMFT | PWB Liaison | 563-2708 | East/No.Central/ Adopt. |
| Valerie Zagal-Garcia | Office Assistant | 563-2743 | |
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Email addresses consist of first full name.last name@sdcounty.ca.gov

ROLE: *Pathways to Well-Being* staff collaborate and share responsibility with CWS, youth and families, other agencies and organizations in support of the safety, permanency, mental health, coordination of services, and overall well-being of children and families served jointly by the CWS foster care and mental health systems. Effective March 2015 BHS *Pathways to Well-Being* staff are co-located regionally with CWS *Pathways to Well-Being* staff.

BHS Pathways to Well-Being staff:

- Provide assistance in the implementation of *Pathways to Well-Being* and the Core Practice Model.
- Provide support for BHS organizational providers with the development and facilitation of Child and Family Teams (CFT) including participation in CFT meetings and technical support/assistance with the *Pathways to Well-Being* Monthly Tracking Log.
- Provide support with the implementation of Intensive Care Coordination (ICC) and Intensive Home Based Services (IHBS).
- Partner with CWS by providing behavioral/mental health client specific information in case consultations, reviewing and determining eligibility, compiling and reporting data to the State.
- Provide guidance, training, resources, and coordination with CWS staff.

Additional information and resources may be found: http://theacademy.sdsu.edu/programs/BHETA/pathways.html



