Behavioral Health Education and Training Academy presents

Sensory Regulation in Children 0-5

PRESENTER: Catherine Garay, PhD

DATE AND TIME:
Tuesday, June 2, 2015
8:30am-4:30pm

LOCATION:
6505 Alvarado Road
Suite 205 (Upstairs Training Room)
San Diego, CA 92120

AUDIENCE: CYF-BHS therapists, counselors, family & youth support partners, case managers, and other direct service providers working with children 0-5 and their families.

DESCRIPTION:
This full day training will allow participants an opportunity to expand their understanding of the 7 senses (visual, tactile, auditory, olfactory, gustatory, proprioceptive, and vestibular) and identify indicators of hyper and hypo sensitivity. Through experiential activities, participants will explore techniques to use sensory integration treatments with young children to decrease agitation, arousal, and difficulties with dysregulation.

LEARNING OBJECTIVES:
Upon completion of this training participants will be able to:

- List the 7 senses & indicators of hyper or hypo sensitivity
- Identify everyday strategies families can use to react to sensory seeking & sensory avoidance needs of young children to reduce maladaptive behaviors
- Examine how sensory dysregulation is expressed in order to identify precursors to a young child’s maladaptive behavior

REGISTRATION: If you already have a BHETA LMS account, email BHETA@mail.sdsu.edu to register. If you do not already have an account you will need to open an account. Please see Creating an Account on our website for more details. Email BHETA@mail.sdsu.edu have any questions. This training is FREE of charge to County employees and contractors.

CONTINUING EDUCATION: This course meets the qualifications for 7 hours of continuing education credit for MFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences, PCE 3776. The Academy is approved by the California Board of Registered Nursing, Provider Number BRN CEP-15014; CCAPP-EI Provider Number 15-98-398-0816, and CAADE Provider Number CP10-906-C0317 for 7 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy maintains responsibility for this program and its content.

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