The new and improved workshops are designed to support your transition into independence with an in depth and hands on approach to learning topics such as education, employment, community involvement and much more!

The Palomar YMCA Stensrud Family Youth Sports & Teen Center
1050 N. Broadway, Escondido, CA 92026
3rd Thursday of the Month
4:00pm to 6:30pm

2015–2016 ILS Class Schedule

July 16, 2015 : Money Management
August 20, 2015: Banking
September 17, 2015: Transportation & DMV/Insurance
October 15, 2015: Scholarships & Financial Aid
November 19, 2015: College and Vocational Options
December 17, 2015: Holiday Surprise
January 21, 2016: Resume/Application & Interview Skills
February 18, 2016: Personal Growth & Self Esteem
March 17, 2016: Parenting & Healthy Relationships
April 21, 2016: Housing Options
May 19, 2016: Nutrition & Food Management
June 16, 2016: Life Safety

The ILS program is funded by the County of San Diego Health & Human Services.
Made available by South Bay Community Services.