

Trauma-Informed Webliography

updated 09/09/09

RESEARCH :

National Child Traumatic Stress Network

http://nctsn.org/nccts/nav.do?pid=hom_main

Established by Congress in 2000, the **National Child Traumatic Stress Network (NCTSN)** is a unique collaboration of academic and community-based service centers whose mission is to raise the standard of care and increase access to services for traumatized children and their families across the United States. Combining knowledge of child development, expertise in the full range of child traumatic experiences, and attention to cultural perspectives, the NCTSN serves as a national resource for developing and disseminating evidence-based interventions, trauma-informed services, and public and professional education.

Creating Trauma-Informed Systems

http://nctsn.org/nccts/nav.do?pid=ctr_top_trmainfo

The Service Systems Briefs Series addresses the impact of trauma on the daily functioning of children and adolescents, describes how systems currently approach child trauma, and introduces innovative and effective ways of serving traumatized children.

http://nctsn.org/nccts/nav.do?pid=ctr_top

This section of NCTSN.org provides Network resources on child traumatic stress arranged by topic. Resources can also be found arranged by audience in the [Audiences](#) section of the Web site.

Results of a NCTSN survey on complex trauma exposure, outcomes, and treatment approaches for impacted children and their families who received interventions and/or comprehensive assessment services in 2002.

http://www.nctsn.org/nccts/assets/pdfs/edu_materials/Complex_TraumaintheNCTSN.pdf

National Center for Posttraumatic Stress Disorder

<http://www.ncptsd.va.gov/ncmain/information/> The PTSD Information Center contains in-depth information on PTSD and traumatic stress for a general audience. We answer commonly asked questions about the effects of trauma, including basic information about PTSD and other common reactions. You can find out about treatment and coping or view videos to learn more.

The **PILOTS database** is an electronic index to the worldwide literature on PTSD and other mental-health sequelae of exposure to traumatic events. It is available to internet users through the courtesy of Dartmouth College, whose computer facilities serve as host to the database. No account or password is required, and there is no charge for using the PILOTS database.

Clinician's Trauma Update Online Newsletter

<http://four.pairlist.net/mailman/listinfo/ctu-online> **The Clinician's Trauma Update**, CTU-Online, is an electronic newsletter produced by the National Center for PTSD. It provides summaries of clinically relevant publications in the trauma field. The summaries are presented in brief format with links to the full article when available. Content on treatment and assessment is emphasized. Publications on other topics are included if the content has significant clinical implications. CTU-Online is published 6 times per year.

Complex Trauma in Children and Adolescents

<http://www rtc.pdx.edu/PDF/fpW0702.pdf>

This article provides a core background for understanding the psychological and physiological effects of multiple traumatic stress experiences on the developing brain. Steps for assessment and treatment are also discussed.

The Tapestry

<http://www.prainc.com/wcdvs/publications/default.asp> SAMHSA and the Women, Co-Occurring Disorders and Violence Coordinating Center are committed to documenting the lessons learned from the Women, Co-Occurring Disorders and Violence Study and disseminating this information in ways that help improve services and policies affecting women who are trauma survivors and who have co-occurring mental health and substance abuse disorders.

John Briere, PhD

<http://www.johnbriere.com/articles.htm>

Dr. Briere is author of a number of books, articles, and chapters in the areas of child abuse, psychological trauma, and interpersonal violence. Dr. Briere also has developed various psychological tests and assessments, including the *Trauma Symptom Inventory*, *Trauma Symptom Checklist for Children*, *Inventory of Altered Self Capacities*, *Detailed Assessment of Post-traumatic Stress*, and the *Multiscale Dissociation Inventory*.

David Baldwin's Trauma Information Pages

<http://www.trauma-pages.com/>

These Trauma Pages focus primarily on emotional trauma and traumatic stress, including PTSD (Post-traumatic Stress Disorder), whether following individual traumatic experience(s) or a large-scale disaster. New information is added to this site about once a month. The purpose of this award-winning site is to provide information for clinicians and researchers in the traumatic-stress field.

International Society for Traumatic Stress Study (ISTSS)

<http://www.istss.org/what/index.cfm> The International Society for Traumatic Stress Studies (ISTSS), founded in 1985, provides a forum for the sharing of research, clinical strategies, public policy concerns and theoretical formulations on trauma in the United States and around the world. ISTSS is dedicated to the discovery and dissemination of knowledge and to the stimulation of policy, program and service initiatives that seek to reduce traumatic stressors and their immediate and long-term consequences.

Trauma Recovery Assessment Prevention Services, David Berceci PhD

<http://www.traumaprevention.com/> A plethora of articles in common language relaying the effects that stress, anxiety, and trauma have on our mental well-being and our physical health. Also includes podcasts of Dr. David Berceci as he explains about the Trauma Releasing Exercises on a local TV station "Good Morning Arizona".

Traumatic Stress & Secondary Traumatic Stress, Compassion Fatigue and Vicarious Traumatization

<http://www.isu.edu/~bhstamm/TS.htm> This page contains **references**, **archived papers**, and **measures** of traumatic stress and secondary traumatic stress. Please feel free to use them liberally as long as you give credit to the authors. Toward the bottom you will find useful links to other TS web pages.

International Society for the Study of Trauma and Dissociation

<http://www.isst-d.org/> The International Society for the Study of Trauma and Dissociation is an international, non-profit, professional association organized to develop and promote comprehensive, clinically effective and empirically based resources and responses to trauma and dissociation and to address its relevance to other theoretical constructs.

Trauma FAQs and Trauma Annotated Bibliography : <http://www.isst-d.org/education/trauma-info.htm>

Centers for Disease Control and Prevention, <http://www.cdc.gov/nccdphp/ACE/index.htm>

Adverse Childhood Experiences Study, <http://www.cdc.gov/nccdphp/ACE/questionnaires.htm>

The Adverse Childhood Experiences (ACE) Study is one of the largest investigations ever conducted on the links between childhood maltreatment and later-life health and well-being. As a collaboration between the Centers for Disease Control and Prevention and Kaiser Permanente's Health Appraisal Clinic in San Diego, Health Maintenance Organization (HMO) members undergoing a comprehensive physical examination provided detailed information about their childhood experience of abuse, neglect, and family dysfunction. Over 17,000 members chose to participate. To date, over 50 scientific articles have been published and over 100 conference and workshop presentations have been made.

PRESENTATIONS :

SAMHSA's Resource Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health (ADS Center)

Social Inclusion and Trauma Informed Care - Presentation

<http://www.promoteacceptance.samhsa.gov/teleconferences/archive/training/teleconference09102009.aspx>

Social Inclusion is a comprehensive approach to address multiple issues that people with mental health problems experience as individuals and as a group. Social inclusion is a positive goal for people with mental illnesses and it is achieved when positive outcomes from a good quality education, an adequate income, accessible and affordable health services, social and political participation, living in a safe community, good quality housing and a stable family are achieved *simultaneously*.

[Teleconference Presentation \[PowerPoint Format - 1.6 Mb\]](#)

VIDEO DOCUMENTARY :

Calvalcade Productions, Inc.

<http://www.cavalcadeproductions.com/index.html>

Cavalcade produces training videos for professionals working with clients who have experienced psychological trauma. We have released over sixty such videos since we began this work in 1989, and our

customers include therapists, social workers, foster family agencies, residential care facilities, colleges and universities, medical professionals, teaching hospitals, attorneys, and child abuse prevention organizations.

Our newest project, [Body-Oriented Trauma Therapy](#), discusses somatic approaches for helping trauma survivors, including individual therapy and group work. Our most popular programs are [Children with Disrupted Attachment](#), [The Traumatized Child](#), [The ACE Study](#), and [Vicarious Traumatization](#).

Healing Resources. Info

<http://www.traumaresources.org/index.htm>

30-minute documentary video about psychological or emotional trauma in children is taken from interviews conducted at the From Neurons to Neighborhoods community conferences. The documentary is an overview to help those who care about children recognize, prevent and heal psychological trauma. Internationally and nationally recognized authorities who work with children and teenagers in the field of emotional trauma, including Drs. Bruce Perry and Daniel Siegel, offer new insight and information about the origins of relationship/developmental problems, as well as problems associated with PTSD later in life.

http://www.traumaresources.org/emotional_trauma_online_video.htm

ONLINE COURSES :

Child Trauma Academy, Bruce Perry, MD

<http://childtraumaacademy.org/default.aspx>

The Child Trauma Academy is a unique collaborative of individuals and organizations working to improve the lives of high-risk children through direct service, research and education.

Free Online Education

<http://www.childtraumaacademy.com/> The ChildTrauma Academy now has on Online University! Free, self-paced courses on child development and maltreatment are offered on the site. There are lessons, quizzes and opportunities to discuss course material with fellow "classmates."

The Amazing Human Brain and Human Development

Free online course: http://www.childtraumaacademy.com/amazing_brain/index.html

Trauma-Focused Cognitive-Behavioral Therapy

<http://tfcbt.musc.edu/>

A web-based learning course for Trauma-Focused CBT (TF-CBT).

Trauma-Focused Cognitive Behavioral Therapy for Child Traumatic Grief

<http://ctg.musc.edu/> A web-based learning course for using Trauma-Focused CBT (TF-CBT) with childhood traumatic grief.

TRAINING :

Foundation for Human Enrichment, Peter Levine, PhD

<http://www.traumahealing.com/>

The Foundation for Human Enrichment - FHE is a non-profit, **educational** and **research** organization dedicated to the worldwide healing and prevention of trauma. We provide professional training in **Somatic Experiencing®** and **outreach** to underserved populations and victims of violence, war and natural disasters.

<http://traumavidya.com/> Trauma Vidya's mission is to provide relief to those suffering from symptoms of traumatic stress through education, training, treatment, and research

Somatic Therapy, Babette Rothschild, MSW, LCSW
<http://home.webuniverse.net/babette/index.html>

The purpose of this site is to introduce my approach to the treatment of Trauma and Post-Traumatic Stress Disorder (PTSD). The DSM-IV includes several somatic symptoms along side the psychological symptoms in its definition of PTSD. However, the body is often missed in trauma treatment. On the other hand, some body-approaches neglect the importance of psychological integration. Neither aspect can be neglected. Trauma treatment must regard the whole person and integrate trauma's impact on both body and mind.

Hakomi Institute of Californi

<http://www.hakomicalifornia.org>

An educational organization that provides training and workshops in the Hakomi method. The method is a gentle, mindfulness and experientially based somatic Psychotherapy that is particularly applicable in working with trauma and developmental wounds due to its principles of non-violence, body-mind integration the gentle unfolding of the resourced client. Hakomi has been a leader in mindfulness based interventions for the past 35 years.

Sensorimotor Psychotherapy Institute, Pat Ogden, PhD
<http://www.sensorimotorpsychotherapy.org/about.html>

The Sensorimotor Psychotherapy Institute (SPI) is an educational organization dedicated to the study and teaching of a somatic approach to clinical psychotherapy practice. SPI offers trainings and workshops for psychotherapists and allied professionals in Sensorimotor Psychotherapy. The courses taught by SPI are based on principles of mindfulness and mind/body/spirit holism and informed by contemporary research in neuroscience, attachment theory, trauma, and related fields.

Center for Post-Trauma Therapy and Trauma Education

<http://www.traumaterapiakeskus.com/front1.htm>

Center for Post-trauma Therapy and Trauma Education is Finland's premier center for trauma psychology. The Center is located in Helsinki and provides information, education, consultation and treatment for individuals, families, workplaces and communities who suffer from the effects of trauma. The Center for Post-trauma Therapy and Trauma Education organizes annual workshops with international trauma specialists.

Seeking Safety, Lisa Najavits PhD

<http://www.seekingsafety.org/>

Seeking Safety is a present-focused therapy to help people attain safety from trauma/PTSD and substance abuse. The treatment is available as a book, providing both client handouts and guidance for clinicians. The treatment was designed for flexible use. It has been conducted in group and individual format; for women, men, and mixed-gender; using all topics or fewer topics; in a variety of settings (outpatient, inpatient, residential); and for both substance abuse and dependence. It has also been used with people who have a trauma history, but do not meet criteria for PTSD.

Stephanie Covington, PhD

<http://www.stephaniecovington.com/articles.asp>

Dr. Stephanie S. Covington is a nationally recognized clinician, author, organizational consultant, and lecturer. She is a pioneer in the field of women's issues, addiction, and recovery. She has developed an innovative, gender-responsive, and trauma-informed approach to the treatment needs of women and girls that results in effective services in public, private, and institutional settings.

Sidran Foundation

<http://www.sidran.org/>

A nonprofit organization of international scope that helps people understand, recover from, and treat traumatic stress (including PTSD), dissociative disorders, and co-occurring issues, such as addictions, self-injury, and suicidality. The Sidran Foundation develops and delivers educational programming, resources for treatment, support, and self-help, trauma-informed community and professional collaboration projects and publications about trauma and recovery.

The Trauma Center, Bessel van der Kolk MD

<http://www.traumacenter.org/>

The Trauma Center is a program of Justice Resource Institute. The Executive Director of the Trauma Center is Joseph Spinazzola, Ph.D., and the Medical Director and Founder of the Trauma Center is Bessel van der Kolk, MD, who is an internationally recognized leader in the field of psychological trauma. In addition to clinical services, The Trauma Center offers training, consultation, and educational programming for post-graduate mental health professionals. The Trauma Center Research Department is housed at our Brookline location and is also directed by Dr. van der Kolk. The Research Department conducts studies on traumatic memory and how treatment effects trauma survivors' minds, bodies, and brains.

Janina Fisher Ph.D., psychotherapist, consultant, trainer

<http://janinafisher.com/> This website is devoted to the understanding and treatment of the legacy of trauma: attachment failure, neglect, physical or sexual abuse in childhood, war exposure, sexual assault, medical trauma, and domestic or community violence. It is intended for use by mental health clinicians and other healing professionals, as well as by survivors of trauma. Papers on "Working with the Neurobiological Legacy of Trauma," "Addictions and Trauma Recovery"; "Stabilization in the Treatment of Trauma"; "Self-harm and Suicidality"; and "Dissociative Phenomena in the Everyday Lives of Trauma Survivors" can be found at the link below: <http://janinafisher.com/resources.php>

Trauma First Aide

<http://www.tfaassociates.org/index.html>

Trauma First Aide (TFA) is based on current research on the impact of trauma on the brain and body and on new findings in somatic psychology, neurology and endocrinology. TFA is a short term stabilization model developed by Dr. Geneie Everett and her colleagues after working with survivors of the Asian tsunami in Thailand and Hurricane Katrina in the Gulf Coast. TFA teaches skills to reduce symptoms of acute traumatic stress and to stabilize the nervous system in high arousal and emergency situations. The focus of TFA is in trauma education, early intervention and reduction/prevention of secondary traumatization and PTSD.

An exploratory, cross cultural study of Trauma First Aid (TFA) with disaster survivors:

'Somatic Experiencing Treatment with Tsunami Survivors in Thailand'

<http://www.tfaassociates.org/pdf/Traumatology/2007.pdf>

The International Trauma-Healing Institute

<http://www.traumainstitute.org/index.php>

A non-profit organization dedicated to global trauma healing. **The International Trauma-Healing Institute (ITI)** seeks to 1) promote global awareness of the nature of trauma, its costs and impact, and its link to violence, 2) promote awareness of existing resources and techniques for coping with and healing trauma and facilitate their availability to the global community, and 3) develop new models, programs, and delivery systems for healing trauma at the community, national, and international level.

Emotional First Aid: Do's & Don'ts

<http://www.traumainstitute.org/articles.php>

Trauma Resource Institute

<http://www.traumaresourceinstitute.com/TRM.html>

The mission of the Trauma Resource Institute (TRI), a non-profit organization, is to promote integrative healing in adults and children around the globe. TRI offers innovative trauma approaches, the Trauma Resiliency Model (TRM) and the Veteran's Resiliency Model (VRM). Both models include interventions and trainings based upon current neurophysiological research and responsive to diverse populations and different cultures.

National Center for Children Exposed to Violence

<http://www.NCCEV.org>

A primary national resource center for anyone seeking information about the effects of violence exposure on children and initiatives addressing these issues, including a dynamic body of literature, Internet resources and a bibliographic database. A provider of training, technical assistance and consultation to the [Child Development-Community Policing Program \(CD-CP\)](#) replication sites, [Safe Start Initiative](#) and other collaborative community programs nationwide that respond to children and families exposed to violence. [A partner in national collaborations](#) across the country in urban, suburban and rural areas, including 16 CD-CP replication sites, 11 Safe Start Initiative sites and 15 Safe Start Phase Two sites. These collaborations help to promote best practices in the area of children exposed to violence and trauma.

Child Development-Community Policing Program

<http://www.nccev.org/initiatives/cdcp/index.html>

The **CD-CP Program** is a national model of a collaborative alliance among law enforcement, juvenile justice, domestic violence, medical and mental health professionals, child welfare, schools and other community agencies.

TRAUMA-INFORMED CARE:

Resources and Information

<http://www.annafoundation.org/TIC-RESOURCES.html>

Trauma Informed Care is grounded in and directed by a thorough understanding of the neurological, biological, psychological and social effects of trauma and violence on humans and is informed by knowledge of the prevalence of these experiences in persons who receive mental health and substance abuse services. ([NASMHPD, 2004](#))

National Trauma Consortium

<http://www.nationaltraumaconsortium.org/index.html>

Developing integrated trauma, mental health and substance abuse services in our communities.

The NTC functions as a clearinghouse of information about trauma and emerging best practices in trauma treatment and services. We also offer training and consultation services to mental health and substance abuse providers, hospitals, the criminal justice system, child-serving agencies, women's organizations, community agencies, advocates, and others. The documents found on this website can be downloaded for free and used without restriction.

National Association of State Mental Health Program Directors

<http://www.nasmhpd.org/publicationsOTA.cfm>

NTAC Publications and Reports:

Jennings, Ann. (2004). ***The Damaging Consequences of Violence and Trauma: Facts, Discussion Points, and Recommendations for the Behavioral Health System.*** ([pdf](#)); This document is a resource for people—at the local, state, and/or federal levels—who are in the process of transforming systems of care into systems that recognize and address trauma and for those who are trying to prove that a trauma-informed system of care is a priority now. The findings reported in this document demonstrate clearly that trauma must be addressed on policy, practice, and educational levels so that individuals who suffer from trauma can have a better chance at recovery. **Appendix A: "Trauma Services Implementation Toolkit for State Mental Health Agencies,"**(pages 87-113), is a detailed listing of resources that state and local policy makers have developed to improve trauma services within their areas.

Jennings, Ann PhD. (2004). **Models for Developing Trauma-Informed Behavioral Health Systems and Trauma-Specific Services.** ([pdf](#)) This report identifies criteria for building a trauma-informed mental health service system, summarizes the evolution of trauma-informed and trauma-specific services in state mental health systems, and describes a range of trauma-based service models and approaches implemented by increasing numbers of state systems and localities across the country. **16 Criteria for Building a Trauma-Informed Mental Health System** (see Appendix).

<http://www.sanctuaryweb.com/Documents/Jennings%20Models%20for%20developing%20trauma-informed%20systems.pdf>

Center for Mental Health Services National Center for Trauma Informed Care

<http://mentalhealth.samhsa.gov/nctic/trauma.asp>

CMHS's National Center for Trauma-Informed Care (NCTIC) is a technical assistance center dedicated to building awareness of trauma-informed care and promoting the implementation of trauma-informed practices in programs and services.

'Trauma-the "Common Denominator"'

http://download.ncadi.samhsa.gov/ken/pdf/NCTIC/The_Science_of_Trauma.pdf

A research-based overview of the nature and impact of trauma.

Community Connections

<http://www.communityconnectionsdc.org/web/page/672/interior.html>

Programs and systems can [Create Cultures of Trauma-Informed Care \(CCTIC\)](#) by thoroughly incorporating, in all aspects of service delivery and the physical setting, an understanding of the prevalence and impact of trauma and the complex paths to healing and recovery. Building on key principles of safety, trustworthiness, choice, collaboration, and empowerment, trauma-informed services are designed specifically to be welcoming and hospitable for all individuals. They simultaneously avoid trauma-related dynamics that may be retraumatizing for those seeking assistance. For more detail of the Community Connections' CCTIC model, please see CCTIC Details page.

New Directions for Mental Health Services Using Trauma Theory to Design Service Systems by Maxine Harris, Ph.D. and Roger Fallot, Ph.D.

<http://www.communityconnectionsdc.org/web/page/617/interior.html>

This issue of New Directions for Mental Health Services identifies the essential elements necessary for a system to begin to integrate an understanding about trauma into its core service programs.

Institute for Health and Recovery

<http://www.healthrecovery.org/>

The Institute for Health and Recovery is a statewide service, research, policy, and program development agency. IHR's mission is to develop a comprehensive continuum of care for individuals, youth, and families affected by alcohol, tobacco, and other drug use, mental health problems, and violence/trauma that integrates gender-specific, trauma-informed and relational/cultural models of prevention, intervention, and treatment.

Tri-Recovery Products for Trauma, Mental Health and Substance Abuse

http://www.healthrecovery.org/services_and_products/order.pdf

Sanctuary Model

<http://www.sanctuaryweb.com/>

The Sanctuary Institute is a trauma-informed training organizational development program offered by Dr. Sandra L. Bloom and the Andrus Children's Center to teach organizations how to adopt the Sanctuary Model as a trauma-informed approach to intervention and treatment.

The Sanctuary Model ® represents a comprehensive trauma-informed method for creating or changing an organizational culture in order to more effectively provide a cohesive context within which healing from psychological and social traumatic experience can be addressed. The Sanctuary Model was originally developed in a short-term, acute inpatient psychiatric setting for adults who were traumatized as children. The Model has since been adapted by residential treatment settings for children, domestic violence shelters, group homes, outpatient settings, substance abuse programs, parenting support programs and has been used in other settings as a method of organizational change.

STATE TRAUMA-INFORMED CARE INITIATIVES & POLICY:

Building Trauma-Informed Mental Health Service Systems: Blueprint for Action

<http://www.annafoundation.org/07-08BBYSTATE.pdf>

State accomplishments, activities and resources (December 2007)

NASMHPD Position Statement on Services and Supports to Trauma Survivors
http://www.nasmhpd.org/position_statement.cfm
1/20/05

Connecticut Department Mental Health and Addiction Services (DMHAS)
<http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=335292>

The primary goal of the **Trauma Initiative** is to deliver behavioral health care that is sensitive and responsive to the needs of men and women who have experienced trauma. Training and professional development with clinicians and clinical case managers in the DMHAS system of care is preparing them to provide screening, education, and treatment groups. Trauma services are being developed based on the guiding principle that treatment must be informed by a sound scientific, clinical, culturally relevant, and humanistic understanding of the impact and impairment caused by traumatic stress. **Link to Resources: Overview of Trauma Initiative, DMHAS Position Paper for Trauma Sensitive Services, Trauma Newsletters, Video Training Links.**

Maine Department of Behavioral and Developmental Services

The Maine DMHMRSAS Office of Trauma Services (OTS) was created in 1995 to address the needs of recipients of public mental health and substance abuse services with histories of trauma. It expanded in 1998 to increase capacity for statewide training and education, to continue survivor/consumer involvement, to establish community support and advocacy, to initiate additional services, and to develop a program of self-care for providers who work with trauma survivors.

A Plan for Improving Behavioral Health Services for Persons with Histories of Trauma
<http://www.annafoundation.org/APLAN.pdf>

Comprehensive Strategic Plan for Creating a System of Care Responsible to the Needs of Trauma Survivors

A comprehensive multi-systemic strategic action plan will be developed, emphasizing professional education and training in trauma, across disciplines, agencies and departments. Increased knowledge of unrecognized and untreated childhood abuse trauma as a core factor in the development of serious and lasting adult difficulties such as drug and alcohol abuse, mental illness, repeated victimization, criminal behavior, self injury and suicide, underscores the department's commitment to prevention and early intervention in this area.

<http://www.annafoundation.org/MMHCSAP.pdf>

In Their Own Words is the work of over 200 courageous women and men in the State of Maine who have dared to hope that the truth and wisdom of their experience will be heard by those in power giving input as to what hurts, what helps, and what is needed from our service systems for healing and recovery.

<http://www.annafoundation.org/ITOW.pdf>

Massachusetts Department Mental Health

http://www.mass.gov/Eeohhs2/docs/dmh/rsri/safety_tool_for_kids_sample.pdf

The Safety Tool for Kids (PDF)

A document of pictures and words to help the child recognize triggers or situations that create fear, sadness, anger, etc. The triggers tool is divided into sensory categories to help staff and children identify circumstances that create upset more easily make the "cause and effect" connection between triggers, their reaction to triggers and how the situation physically effects their body and to help the child identify sensory-based calming (coping) tools.

Missouri Department Mental Health

<http://www.dmh.mo.gov/spectopics/TraumaInit/Trauma.htm>

Position Statement on Services and Supports for Trauma Survivors, Trauma Fact Sheet, Child and Adult Treatment Models, Department of Mental Health Trauma Initiative Competency Components

Ohio Department Mental Health Trauma Informed Care

<http://mentalhealth.ohio.gov/what-we-do/provide/trauma-informed-care/index.shtml>

A Closer Look: Trauma Informed Treatment in Behavioral Health Settings

Through the Transformation State Incentive Grant, Ohio has the opportunity to develop the foundation for sustainable, trauma informed treatment services.

<http://olrs.ohio.gov/asp/trauma.asp>

Pennsylvania Office of Mental Health and Substance Abuse Services

Responding to Childhood Trauma: The promise and practice of trauma informed care

http://www.nasmhpd.org/general_files/publications/ntac_pubs/Responding%20to%20Childhood%20Trauma%20-%20Hodas.pdf

The goal of this paper is to build on comprehensive efforts by the National Technical Assistance Center for Mental Health Planning (NTAC), the National Association of State Mental Health Program Directors (NASMHPD) and others, to increase appreciation of the relevance of trauma in understanding children and in planning to meet their needs.

South Carolina's Department of Mental Health

http://www.state.sc.us/dmh/trauma/position_statement.htm

In December 1998 the National Association of State Mental Health Program Directors (NASMHPD) released a Position Statement emphasizing their organization's concern about public mental health service delivery to survivors of trauma.

TRAUMA-INFORMED ADVOCACY:

Dare to Transform

<http://daretotransform.ning.com/>

Those concerned with trauma-informed care can find colleagues and information about their work through a social networking page called **Dare to Transform**. The social networking counterpart, named after the 2008 Dare to Transform trauma-informed care summit, was created as a long-lasting resource and networking tool to promote trauma-informed implementation. Participants can "listen in" to discussions or chime in on trauma and trauma-informed care through postings, blogs, and forums where they can upload images as well as documents. The virtual public forum for trauma-informed care, survivors can meet and converse with consumers while caregivers can swap information about best practices, and all visitors can stroll by a virtual kiosk where updates on upcoming events will be posted.

Witness Justice: Help and Healing for Victims of Violence

<http://www.witnessjustice.org/index.cfm>

Witness Justice was established in 2001 by survivors, for survivors. The vision for Witness Justice is to address the gaps in service experienced by survivors of violence and trauma, no matter the nature of the incident, where or when the incident occurred, or whether a crime was ever reported. This site provides information and resources including tools and practical information regarding the healing and criminal justice processes, access to other survivors and experts (mental health professionals, law enforcement officials, etc.), survivor stories to which victims can relate, and which can help offenders or potential offenders better understand the impacts and consequences of violence, peer support, channels for advocacy and activism,

personalized expert responses to individual inquiries from professional volunteers and WJ staff, resources and access to other supportive organizations, information for friends and family members of violent crime survivors, information for employers and co-workers of violent crime survivors, and communication tools and professional public relations services for service providers.

Your Strength to Heal, Kim Kubal

<http://strengthtoheal.com/>

This website provides resources for survivors of sexual, physical, emotional and spiritual abuse as they continue on their healing journey. It also provides informative articles and links which will lessen the feelings of isolation as one heals from this trauma. Clinicians and counselors share their healing tools working with these survivors, as well as survivors and caregivers.

EMPIRICALLY SUPPORTED TREATMENTS AND PROMISING PRACTICES:

The National Child Traumatic Stress Network

http://nctsn.org/nccts/nav.do?pid=hom_main

Established by Congress in 2000, the **National Child Traumatic Stress Network (NCTSN)** is a unique collaboration of academic and community-based service centers whose mission is to raise the standard of care and increase access to services for traumatized children and their families across the United States. Combining knowledge of child development, expertise in the full range of child traumatic experiences, and attention to cultural perspectives, the NCTSN serves as a national resource for developing and disseminating evidence-based interventions, trauma-informed services, and public and professional education.

The Network comprises 70 member centers-45 current grantees and 25 previous grantees-and is funded by the Center for Mental Health Services, Substance Abuse and Mental Health Services Administration, US Department of Health and Human Services through a congressional initiative: the Donald J. Cohen National Child Traumatic Stress Initiative.

NCTSN Learning Center for Child and Adolescent Trauma

<http://learn.nctsn.org/>

This section of the NCTSN Learning Center aims to connect mental health professionals, students, researchers, and others interested in the field of child trauma to the various free resources that are available through the National Child Traumatic Stress Network. The resources highlighted in this section have been created through dedicated collaborations within the NCTSN in order to provide resources that assist in raising the standard of care for traumatized children and families. Each resource page functions as an online classroom where participants are not only able to explore the resource, but see and hear how others in the field are using the resource, what others think of it, and keep up to date on activities associated with the resource. Participants are also able to leave messages and communicate to other participants through discussion boards and announcements.

For full access to courses you'll need to take a minute to create a new account for yourself on this web site. Each of the individual courses may also have a one-time "enrollment key", which you won't need until later.

<http://learn.nctsn.org/login/index.php>

The NCTSN-sponsored speaker series includes webcast presentations and associated materials on complex trauma; culture and trauma; terrorism, disaster and children; service systems and child welfare and trauma.

Trauma-Informed Interventions

Trauma-Informed Interventions: Clinical and Research Evidence and Culture-Specific Information Project highlights general and culture-specific fact sheets on 22 different trauma-informed interventions. The fact sheets are full of essential information, including the components of interventions, engagement strategies, clinical and research evidence, types of trauma and populations with which the intervention has been used.

Trauma-Informed Fact Sheets:

Trauma-Informed Treatment Interventions plus cultural specific considerations (Evidence-supported and promising practices):

30 Fact Sheets (PDF) can be viewed and obtained at
http://www.nctsn.org/nccts/nav.do?pid=ctr_top_trmnt_prom

- **AF-CBT** : Abuse Focused Cognitive Behavioral Therapy for Child Physical Abuse
- Website: www.pitt.edu/~kolko
- **DBT-SP** : Adapted Dialectical Behavior Therapy for Special Populations
- **TAP** : Assessment-Based Treatment for Traumatized Children: Trauma Assessment Pathway
- Website: www.taptraining.net, www.chadwickcenter.org
- **ARC** : Attachment, Self-Regulation, and Competency: A Comprehensive Framework for Intervention for Complexly Traumatized Youth
- Website: www.traumacenter.org
- **CARE** : Child Adult Relationship Attachment
- Website: www.traumacenter.org
- **CDCP** : Child Development-Community Policing Program
- Website : <http://www.nccev.org/initiatives/cdcp/index.html>
- **CPP** : Child-Parent Psychotherapy
- **CBITS** : Cognitive Behavioral Intervention for Trauma in Schools
- Website: www.sopriswest.com.
- **CPC-CBT** : Combined Parent Child Cognitive-Behavioral Approach for Children and Families At-Risk for Child Physical Abuse
- Combined TF-CBT and SSRI Treatment
- **Combined TF-CBT and SSRI Treatment**
- **COPE**: Community Outreach Program - Esperanza
- **CM-TFT** : Culturally Modified Trauma-Focused Treatment
- Website: www.musc.edu/ncvc
- **IFACES** : International Family Adult and Child Enhancement Services, Heartland Health Outreach (PDF)
- Website: <http://www.heartlandalliance.org>
- **ITCT** : Integrative Treatment of Complex Trauma; Integrated Treatment for Complex Trauma for Adolescents (ITCT-A) treatment guide; Integrated Treatment for Complex Trauma for Children (ITCT-C) treatment guide
- Website: <http://www.johnbriere.com/articles.htm>
- **MMTT** : Multimodality Trauma Treatment (aka Trauma-Focused Coping in Schools)
- Website: www.ccfh.nc.org
- **PCIT** : Parent-Child Interaction Therapy
- Website: www.OhioCanDo4Kids.org; www.cincinnatichildrens.org/TTTC
- **RLH** : Real Life Heroes
- **Safe Harbor Program**
- Website: www.safehorizon.org

- [Safety, Mentoring, Advocacy, Recovery and Treatment](#)
- [Sanctuary Model](#)
- Website: www.sanctuaryweb.com
- [**STAIR/NST**](#) : Skills Training in Affective and Interpersonal Regulation
- Website: www.safehorizon.org
- [**SPARCS**](#) : Structured Psychotherapy for Adolescents Responding to Chronic Stress
- [**SFCR**](#) : Strengthening Family Coping Resources
- Website: <http://fittcenter.umaryland.edu>
- [**TGCT**](#) : Trauma and Grief Component Therapy
- [**TARGET-A**](#) : Trauma Affect Regulation: Guidelines for Education and Therapy for Adolescents and Pre-Adolescents
- Website: www.advancedtrauma.com
- [**TF-CBT**](#) : Trauma-Focused Cognitive Behavioral Therapy
- Website: <http://tfcbt.musc.edu/>
- [**TG-CBT**](#) : Trauma-Focused Cognitive Behavioral Therapy for Child Traumatic Grief
- Website: <http://ctg.musc.edu/>
- Trauma Informed Organizational Self-Assessment
- Website: www.familyhomelessness.org
- [**TST**](#) : Trauma Systems Therapy